



Community Child Health as a Career



What does a **Community Paediatrician** do?

Prevention & treatment in the same job

Develop health systems

Something different every day

Complex & interesting clinical cases

Advocate for children

Safeguarding & supporting vulnerable children

Work in teams with people of varied backgrounds

Advises on children being adopted



Child Mental Health

Child Protection

**Neurodisability/
complex health
care needs**

Teaching

Consultants experience a challenging, varied and interesting week, working in several areas;

**Audiology and
Ophthalmology**

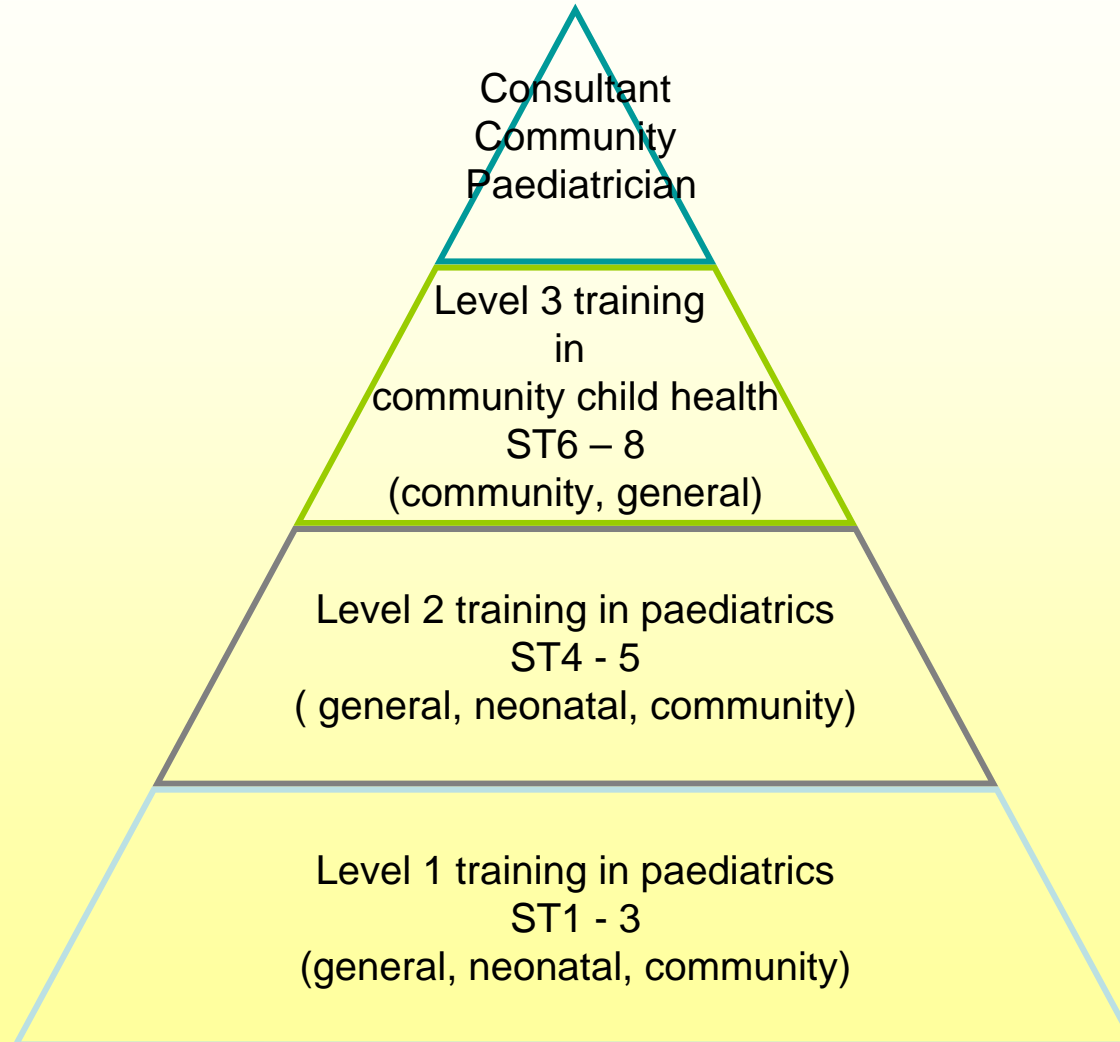
Child Public Health

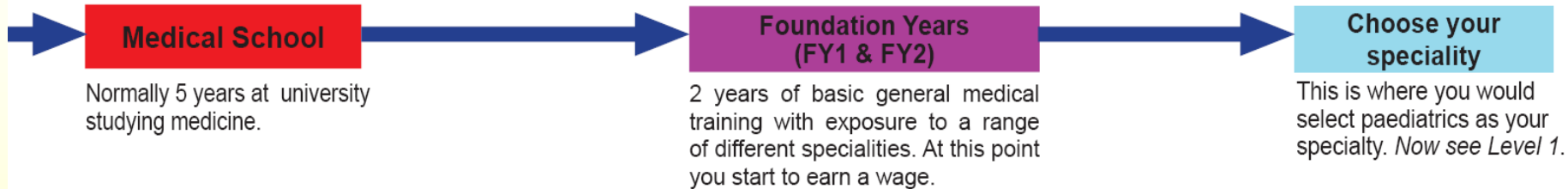
**Adoption and
Fostering**

**Academic
Training**



How to train





LEVEL 1 PAEDIATRICS

Year 1 (ST1)

Year 2 (ST2)

Year 3 (ST3)

ST: Speciality Training

These three years form the basic training in paediatrics, ensuring you have the basic knowledge and skills. You are assessed by the MRCPCH * examination and assessments within the hospital or other workplace setting. *Now see Level 2.*

* Membership exam for the Royal College of Paediatrics and Child Health

LEVEL 2 PAEDIATRICS

Year 4 (ST4)

Year 5 (ST5)

These 2 years form the basis of higher specialist training in paediatrics. Trainees enhance their knowledge and skills and gain competencies in three particular areas – neonates, community child health and acute paediatrics. Assessed in your workplace. *Now see Level 3.*

LEVEL 3 PAEDIATRICS

Year 6 (ST6)

Year 7 (ST7)

Year 8 (ST8)

Consultant

During these 3 years trainees deepen and strengthen their skills in general paediatrics or specialise in one of the paediatric sub specialties (see list of specialties).



What's good about training in community? (Trainee survey)

- Work load
- Work intensity
- EWTD compliant
- Educational supervision
- Clinical supervision
- Learning opportunities and study leave



Why consider community paediatrics as a career?

- Lots of job opportunities
- NHS moving towards care in community
- Easy to work flexibly
- Interesting and rewarding
- Variety (every day is different)
- Diagnostic and management challenges



Main areas of special interest

- Neurodisability incl audiology
- Child mental health
- Safeguarding
- Vulnerable children
- Child public health



Typical cases

ADHD

Autism

Muscular dystrophy

Cerebral palsy

Visual impairment

Special educational needs

Hearing impairment

Palliative care

Life threatening illness



Safeguarding & vulnerable children

Preventing abuse

Recommending
what an adopted
child needs

Assessing signs and
symptoms of abuse

Protecting refugees

Making sure a child gets
what they need to develop
well

Maximising life
chances



Child public health: saving lives

Maximising
immunisation to
prevent disease

Breast feeding

Preventing obesity

Promoting a healthy
lifestyle

Highlighting the effects
of smoking

Investigating child deaths

Preventing cot deaths

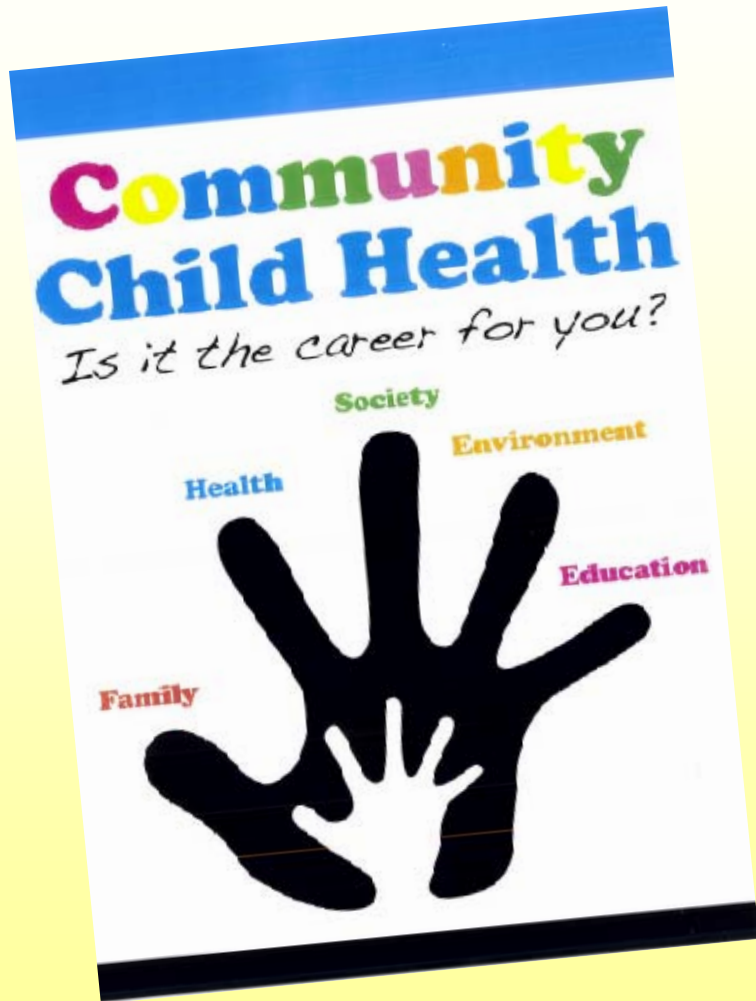


What can I do now?

- Consider a special study module in community paediatric topic
- Do paediatrics in F1/F2
- Get experience in general practice
- Think about doing some voluntary work with children



Where can I find out more?



- Read this leaflet!
- BACCH website: www.bacch.org.uk
 - Training pages
- RCPCH website: www.rcpch.ac.uk
 - Training pages